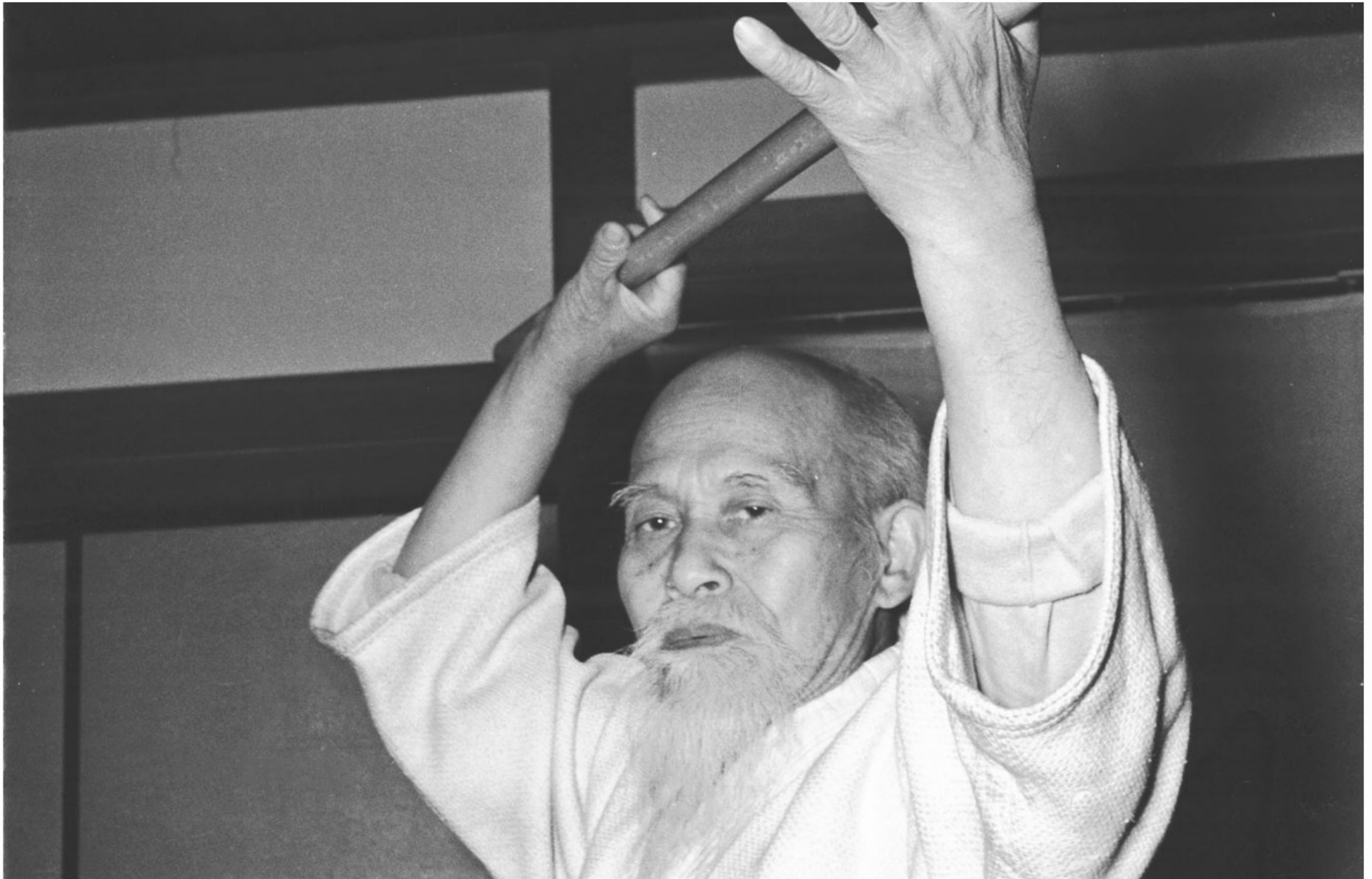


2016

JANUARY



"The secret of Aikido is to harmonize ourselves with the movement of the universe and bring ourselves into accord with the universe itself. He who has gained the secret of Aikido has the universe in himself and can say, "I am the universe." I am never defeated, however fast the enemy may attack. It is not because my technique is faster than that of the enemy. It is not a question of speed. The fight is finished before it is begun."

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2016

FEBRUARY



"There is no discord in love.
There is no enemy of love. A
mind of discord, thinking of the
existence of an enemy is no
more consistent with the will of
the kami.

<u>S</u>	<u>M</u>	<u>T</u>	<u>W</u>	<u>T</u>	<u>F</u>	<u>S</u>
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2016

MARCH



"Then, how can you straighten your warped mind, purify your heart, and be harmonized with the activities of all things in Nature? You should first make the kami's heart yours. It is a Great love, omnipresent in all quarters and in all times of the universe."

<u>S</u>	<u>M</u>	<u>T</u>	<u>W</u>	<u>T</u>	<u>F</u>	<u>S</u>
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2016

APRIL



"When an enemy tries to fight with me, the universe itself, he has to break the harmony of the universe. Hence at the moment he has the mind to fight with me, he is already defeated. There exists no measure of time — fast or slow."

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2016

MAY



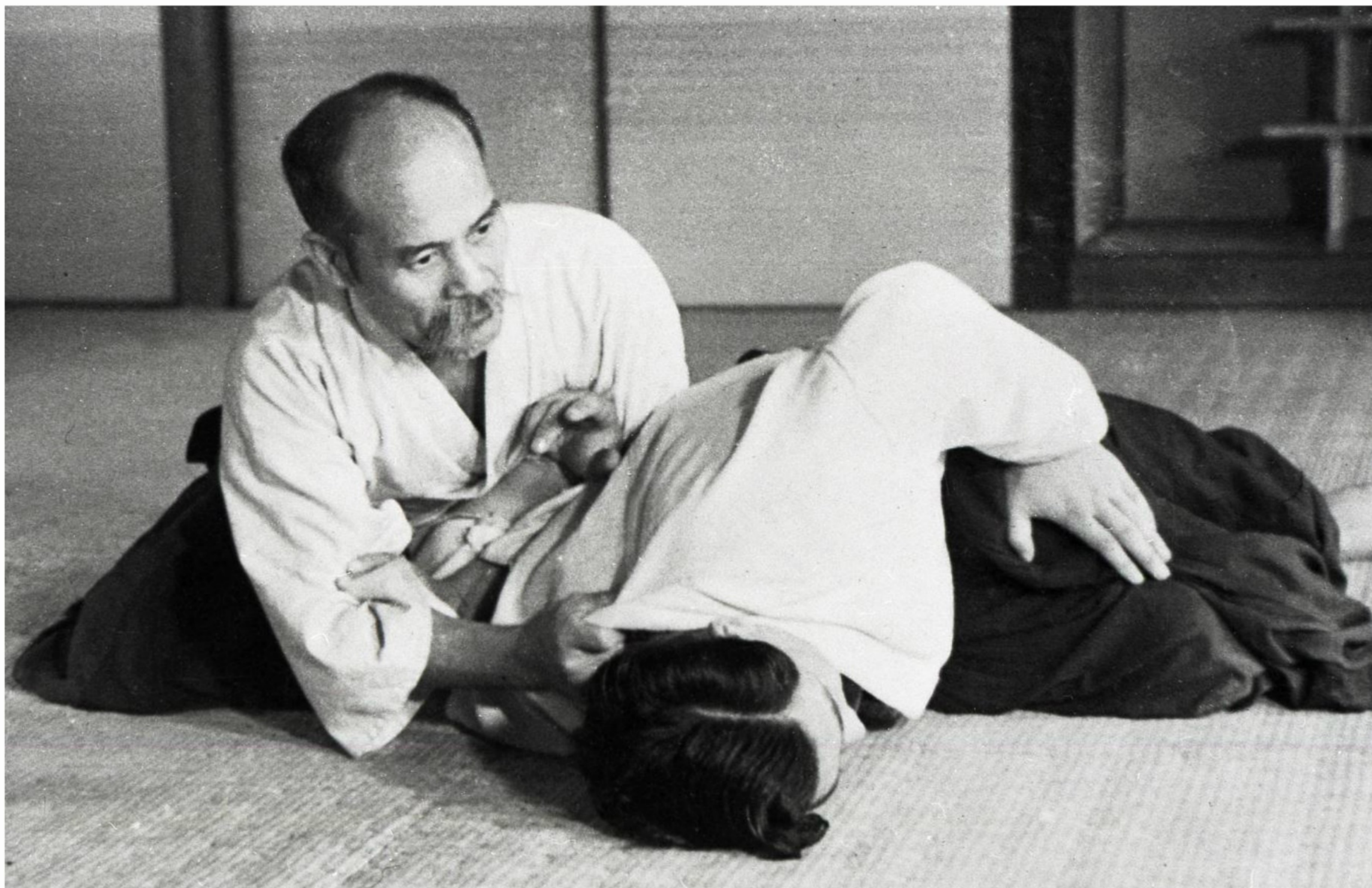
"Those who have a warped mind, a mind of discord, have been defeated from the beginning."

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2016

JUNE



"I am never defeated however fast the enemy may attack. It is not because my technique is faster than that of the enemy. It is not a question of speed. The fight is finished before it is begun."

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2016

JULY



"Aikido is non-resistance. As it is non-resistant, it is always victorious."

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2016

AUGUST



"When you look at a person's eyes or observe an opponent's techniques, it is not a matter of looking at his outer appearance. You absorb everything into yourself, into your body."

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2016

SEPTEMBER



"Winning means winning over the mind of discord in yourself. It is to accomplish your bestowed mission."

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2016

OCTOBER



"As 'ai' (harmony) is common with 'ai' (love), I decided to name my unique budo 'Aikido', although the word 'aiki' is an old one. The word which was used by the warriors in the past is fundamentally different from that of mine."

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2016

NOVEMBER



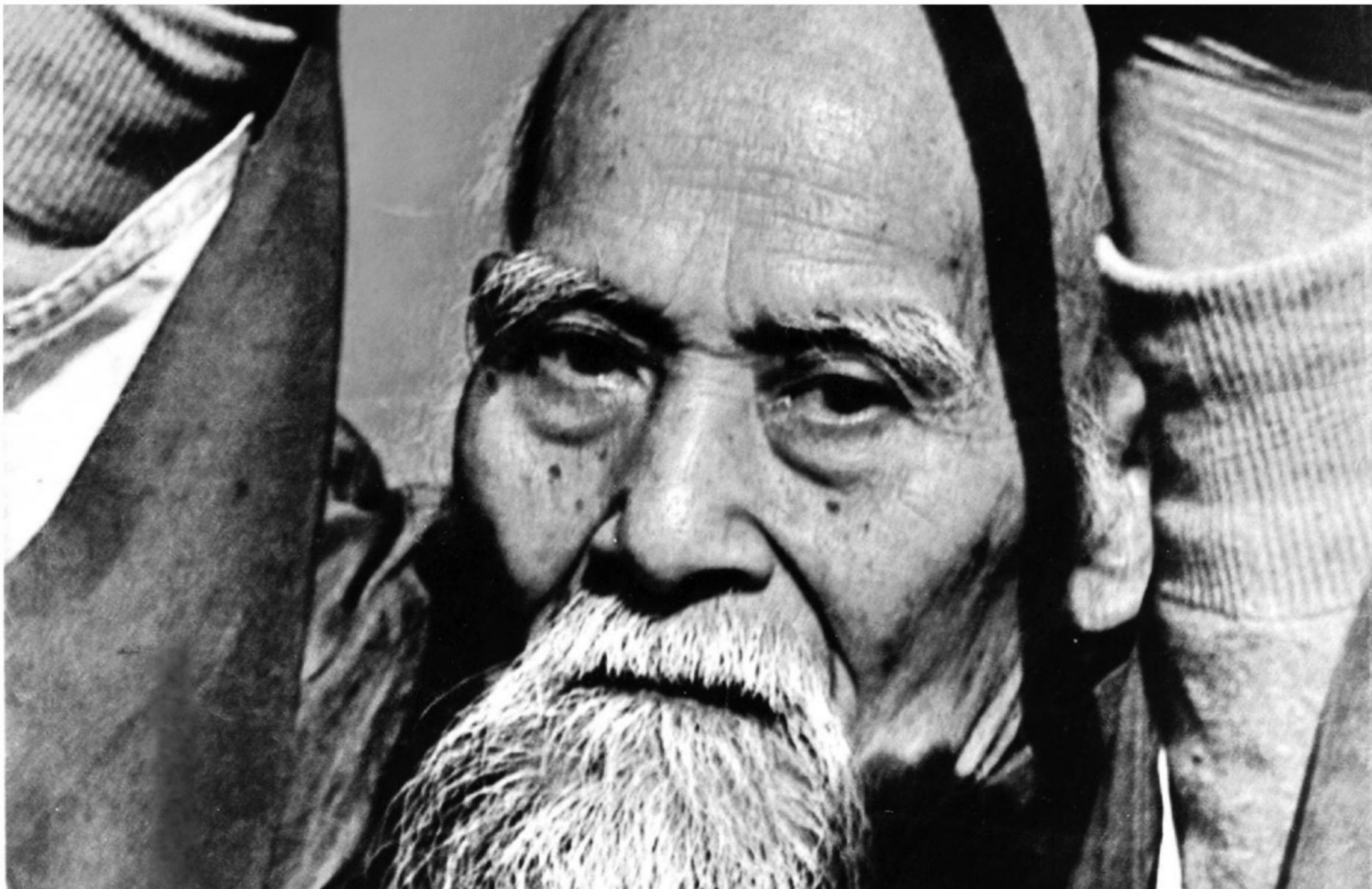
"A fighting mind leads to the destruction of the perpetrator. The reason is that one opposes universal ki energy and nature herself.

S M T W T F S

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2016

DECEMBER



"Aiki is not a technique to fight with or defeat the enemy. It is the way to reconcile the world and make human beings one family."

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